

## FOOD FOR ANGELS

"Cooking Mother Did" Is Good  
Only for Healthy Country Boys.

By SELINA LILLIAN HIGGINS.

Dainty little Nellie Barton was crying as if her heart would break. It was in vain that her best friend and neighbor sought to comfort her. This was the first cloud that had arisen in the matrimonial sky for Mrs. Barton, and, of course, after a season of perfect honeymoon bliss, it seemed to be a terribly dark one.

"You foolish Nellie!" exclaimed Mrs. Dorsett. "Why, child, don't you know that Ronald thinks the sun rises and sets for you, and always will?"

"I don't," asserted Nellie persistently. "How can a man love his wife and find fault with her?"

"Tell me all about it, dear, and let us see if between us we can't find some way to patch up this first domestic quarrel."

"Quarrel!" repeated the bride of a month in a terrified gasp. "Oh, dear, no—there has been no quarrel. I wouldn't speak a cross word to my husband for worlds, and as to Ronald, he's all cooling and smiles most of the time."

Mrs. Dorsett smiled indulgently at her pretty, inexperienced sister-in-law. Her better half was a grim, sedate business man who did not do much in the cooling and smiling line. It made her heart feel hungry to listen to Nellie's innocent chatter, for she felt girlhood's days fading fast away from her.

"Go on, dear," she urged.

"It's about the meals," confessed Nellie, with a little sob. "I thought everything was just suiting Ronald to a T. He praised my biscuits and said he just doted on my cookies, pie and sunshine cake. He said they reminded him of food for angels. Then yesterday I found out that it was all a mallow hockery."

"What, my dear?"

"I mean a hollow mockery. I've been so upset I get flustered whenever I think of it. You must know that an old college chum of his was at tea last evening—a Mr. Stowell. I did my best to make Ronald proud of me. Everything was light and dainty. I



"Too Heavy for Me."

never saw a meal go off so nicely. I left the two gentlemen to their cigars at the table going over old times, and sat down on the porch. The windows were open and I couldn't help hear what they were saying. Oh, dear! I wish I hadn't listened."

"What was it, dear?" inquired Mrs. Dorsett.

"Oh, they got talking of old times. Mr. Stowell reminded Ronald of a glorious week they had spent together at the Barton home, before they were married. Such cooking! How mother did set out a meal that was a meal! Particularly how Mr. Stowell had never had such an appetite as evenings when mother had baked beans. Such beans! And mince pie! Oh, it made his mouth water to think of it! Then Ronald got egged on to brag of his mother. That salt rising—um! um! and pretty Nellie, in trying to imitate her dear one, broke down again."

"And apple sauce!" she choked out, as the last straw. Practical, loving Mrs. Dorsett tried to soothe her.

"See here, my dear," she said, "you are making a great mountain out of the chatter of two big overgrown boys. Now promise to forget it and I will make everything right."

"How w-will you?" sobbed Nellie.

"Will you keep a secret?"

"Yes—if it w-will do any good."

"Very well, mother is coming to visit me next week. You say Mr. Stowell is going to come to tea again on his way home from his trip?"

"Yes, he is invited for Thursday evening."

"Then Thursday evening, dear," promised Mrs. Dorsett, with a little wrinkle of a smile about her lips. "those two overgrown boys shall just revel in all the dainties of old times."

Nellie's gloomy face brightened up magically as her devoted sister-in-law whispered "the great secret" into her eager ears. She hugged and kissed dear Mrs. Dorsett and laughed and chattered, and went home happy, convinced that never a new bride had such a dear, dear sister-in-law and

such a practical, sensible mother-in-law.

Ronald Barton ushered his friend an old-time chum into the neat, attractive little dining room at home, proud of the neatly set table with its glittering silver and glassware. Nellie never looked lovelier. It was when the maid brought in a great steaming dish of pork and beans that Ronald dished a little.

"Butcher must have forgotten the lamb chops," he said half apologetically.

"Always liked them," declared Stowell.

"Why, Nellie, isn't this some new fangled sort of baker's bread?" inquired Ronald, as he took a mouthful of the bread on the plate and made something of a wry face.

"No, indeed!" retorted Nellie with dignity. "That is the regular old-fashioned home-made, salt-rising bread that everybody dotes over."

"Guess our tastes are getting sort of perverted, old boy!" laughed Stowell. "It's delicious, but—no, I thank you, I won't have another piece."

Ronald's eyes fairly bulged at the dessert. The apple sauce looked to him a poor, thin, cheerless dish to offer to an invited guest. Stowell looked around for some of that flaky pudding Nellie had given them last time.

And then came the climax as the maid soberly brought in three great slabs of mince pie—good pie, grand pie, but on a hot night—!

"Too heavy for me," declared Stowell, and Ronald glanced reproachfully at Nellie, and the table when finally abandoned showed remnants enough to feed a whole family.

The gentlemen adjourned to the porch. Ronald experienced a species of social discomfort. It was certainly a remarkable culinary demonstration she had made. He glanced at Stowell, who was solemnly puffing away at his cigar. He looked like a wronged man. He was bon vivant enough to enjoy dainties and had anticipated something light and toothsome at the Barton home.

"Guess we'd better stroll down to the hotel a little later and have a game of billiards, eh, Barton?" he suggested.

"They open a new grill room to-night, I hear," observed Ronald. "Why, mother, you here!" and the speaker sprang from his chair and greeted his mother with genuine gladness.

"This is a surprise, Mrs. Barton," spoke Stowell.

"Yes, I was busy out in the kitchen and was afraid the maid would spoil things if I didn't superintend a little," spoke the old lady demurely, as she had been taught by her plotting daughter, Mrs. Dorsett.

And then the truth dawned on Ronald. He glanced at his companion. Stowell had flushed up and looked bored.

"Boys," spoke Mrs. Barton in her winning, motherly way, "never forget that two healthy, all-day roving lads coming in to a heavy farm supper hungry as tramps aren't two dainty city-bred children of the larger growth. The 'cooking mother did' is just the thing in its place, but, as I notice from what you left, it doesn't hold a candle to dear little Nellie's clever trifles. Why, when I go home from here, I'm a week telling the neighbors about the delightful things Ronald lives on nowadays!"

And that was the last that Nellie Barton ever heard of "mother's cooking."

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## COLD LIGHT IN TIME OF WAR

From a Military Point of View, Its Importance Can Scarcely Be Exaggerated.

Cold light is useful for military purposes, for now every soldier can have in his knapsack the apparatus necessary for optic telegraphy. For military and naval searchlights cold light furnishes divergent beams in such a mass that they constitute veritable eyes for submarines, flying machines, and balloons of all kinds. At experiments made recently in Paris in the presence of the minister of war, these searchlights sent forth such powerful streams of light that it was plain they could be used successfully for succoring the wounded on the battlefield, for searching in the ruins of a fire, in mine disasters, shipwrecks, etc. The important part played by searchlights in the recent Balkan war is still fresh in the public mind, and there is every reason to believe that their role will be still greater in future conflicts, when, in order to escape flying machine reconnaissances, battles will often take place in the night. In fact, the cold light works in the Boulevard de Charonne, Paris, are busy at this moment manufacturing searchlights for the French colonial service, as it has been found that instead of eight mules now needed to transport a searchlight and its accessories, one or two mules suffice, a fact the importance of which cannot be exaggerated from the military point of view.—François Dussaud, in Harper's Magazine.

### "Salt Horse."

No one has been able to trace the origin of "salt horse" as applied to corned beef, but it is the name by which mess beef is known in the United States army, and it is also called "salt junk" by the soldiers. In New England "junk" is a substitute for "chuck," meaning a fragment of any solid substance, hence a piece of salted beef is a piece of salt junk. It is possible that the soldiers call the meat salt horse because of its roughness.

## OUR SCHOOL DEPARTMENT.

Each teacher who will attend the County Fair, Friday, Oct. 10, will be allowed his time. It would be well to arrange to attend Friday and Saturday.

The School Fair will be held Friday and Saturday, Nov. 28, 29. Every progressive teacher will be expected to attend with exhibits from his school and should arrange if possible to bring pupils along to get ideas about what others are doing.

The work will be along this line. The best paper on some phase of Agriculture or Nature Study; Drawing, writing, written spelling in all grades, handwork, needlework, manual training, construction work or anything that wide awake teachers could supplement. The programme and prizes will be announced later when we find out how much money will be put into this work. Arrangements are being made to supply the schools with drawing tablets and Felt Banners. Every school should have at least three yells and be able to sing three songs. "America," Kentucky Schools, and the School Song, by C. B. Plummer. Get the music from Institute Note Book.

Suggestions for study of Kentucky History which can be supplemented with Fifth Reader or otherwise. FOURTH MONTH—Pioneers of Ky.—FIFTH MONTH—Ancestry of Early Settlers and Discussion of Early Settlements. SIXTH MONTH—Moulding into Statehood.

Some monthly reports are coming in which are not properly made out. It is absolutely necessary that you do this correctly before drawing your salary. Study CASE II in Percentage and then get information from some one whom you know can help you. JAY O'DANIEL.

ED. DIV. No. 5, SUB. DIST. No. 7. Report of 2nd mo. examination of those receiving highest grades.

GRADE 5. Ima Thompson av. 86 Mae Hicks, av. 84.

GRADE 4. Georgie O'Neal 83; Talmage Hicks 82.

GRADE 2. Roy Thompson 80; Oscar Hicks 78.

We had a pie social on Saturday night, Aug. 30, and raised \$14.75. MYRTLE CARTER, teacher.

Report of school in ED. DIV. No. 8, SUB. DIST. 10. There are 51 pupils in census report. Have enrolled 54. Held first and 2nd mo. examinations. Those making the highest grades first month were: GRADE 8. Frank Cantrell 90 per cent. and Lewis Nunley 85 per cent. GRADE 6. Rosa Layne 97 per cent. Clarence O'Daniel 97 per cent. Fred Cantrell 92 per cent. Ernest Hutchison 90 per cent. Dixie Compton 89 per cent. Lora Layne 88 per cent. Carl Moore 82 per cent. GUSSIE O'DANIEL teacher.

DIV. No. 3, SUB. DIST. No. 10. Second months examination was held with the following results: GRADE 8. Mary Adams 95 4-11. GRADE 6. Cove Ekers 85 1-2.

I have visited several of the patrons and some few of them have visited the school. I had a parental meeting at the school house Friday evening, Sept. 5, and only six of the patrons were there. We made things interesting for a little while, am sure all that were there will come back at our next meeting and hope to see several more. DREW ADAMS teacher.

ED. DIV. No. 1, SUB. DIST. No. 3. I have enrolled 56 and my average for first month was 46. Will have a pie supper the fourth Saturday night in Sept. Everybody is invited.

The following are the names of those attaining the highest average on 2nd month examination: GRADE 8. Fred See, Wayne See, Dave Burke, Henry See, Jessie Peters, Gertie Wellman and Goldie Stansbury.

GRADE 6. Clyde See, Lawrence Peters, Henry Wellman, Emma Wellman, Nellie York, Jessie Dean, Lucy Copley, Ethel Stansbury and Vessie Peters. BAZ WELLMAN teacher.

Cordell teachers association convenes 10 a. m. Oct. 3, 1913.

Singing by association. Devotional Exercise—L. T. Griffith.

Welcome Address—W. A. Arrington.

Response—E. E. Wheeler. How is the Rural School failing to prepare pupils for life—S. W. Burton.

Song by Cordell School.

Preventable diseases of the neighborhood. How avoid them—Lyda E.

Morris. NOON. Dinner on ground. Demonstration of Character by Prof. McClure. Reading Discussed—Foraker Cordell and Fred Steel. How may the minor repairs of a school house be kept up—Amos Cordell.

Why are boys leaving the farm?—Levi Strattonberger. Describe Leguminous plants and acid land—J. H. Ekers.

Care of Orchards—H. G. Thompson.

Grafting—Sanford Chandler.

What you have observed this year in school—D. C. Belcher.

How secure Regular attendance—Lizzie Lester.

LYDA E. MORRIS, Secretary.

Dixie Compton, 89; Lora Layne, 88; Carl Moore, 82. GUSSIE O'DANIEL teacher.

There will be a pie supper at Blaine Graded school for the benefit of the school on Saturday, Oct. 4th, at 7 P. M. COME.

Miss Lida Morris, primary teacher of Blaine Graded school has organized a sewing circle. The girls meet once a week and are given lessons for practice during the remainder of the week. The class has twenty members to begin with.

PROGRAMME

For Teachers Association to be held at Fallsburg, Ky., Oct. 24, '13.

8:30—8:45. Devotional exercise—L. D. Boggs.

Singing by choir, led by Matheas Rice.

8:45—9:00. Welcome Address—L. D. Boggs.

9:00—9:10. Response—E. E. Wheeler.

9:10—9:30. Primary reading—Jay O'Daniel.

1. Apparatus: Tablet and Pencil or Slate.

2. How do you keep pencil sharpened?

3. Care of Blackboards and charts.

9:30—10:00. Intermediate and Advanced Reading—Elizabeth Lester.

1. Assignment of Lesson.

2. Length of Lesson.

3. Preparation of Lesson. By Pupil and Teacher.

4. Word Study and use of Dictionary.

5. Definition of words apart from Text.

6. Length of Study Period.

7. Synonyms.

10:00—10:15. Recess.

10:15—10:25. Singing—Choir.

10:25—10:50. Grammar—J. H. Ekers.

1. Educational Value.

2. Aims to be reached.

3. Methods of Teaching.

4. Parts of Speech.

5. Grammatical Construction.

10:50—11:30. Arithmetic—Isaac Cunningham.

1. Value of Arithmetic—As a Subject in the course of Study.

2. Cultural Value.

3. Practical Value.

4. How much arithmetic should be taught in district school.

5. How much time is lost and in what way by beginning number work too early.

11:30—1:00 P. M. Noon.

1:00—1:15. Song by choir.

1:15—1:30. Language—E. E. Wheeler.

1. Discuss Vocabulary of 6 yr. old child.

1:30—1:45. Methods in Oral Work—Lige Rice.

1:45—2:00. Story telling—Goldie Bellomy, Add Skeens.

1. Its place in language work.

2. Value of child life.

3. How to tell a story.

2:00—2:15. Recess.

2:15—2:35. Spelling—J. L. Moore, W. L. Webb, Earl Thompson, Claude Hays.

1. What Faculties are exercised most in this subject.

2. What are the advantages of written over Oral spelling?

3. When should have oral spelling and for what purpose?

4. Would you begin teaching the Diacritical marks in 1st Grade and how teach them?

5. When a pupil misses words in spelling, what do you do about it?

2:35—3:00. Laws of Hygiene—Robt. Johnson.

1. The application of Hygiene to exercise, cooking, eating, drinking, sleeping, bathing, colds and contagious diseases.

CARPENTERS WANTED. A number of first-class carpenters are needed by the undersigned at once for work on the new Pikeville jail and other contract work. Only first-class men of experience need apply, and good wages and proper working conditions are assured to those employed.

31. Write W. T. CURNUTT, Box 452 Pikeville, Ky.

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TALKING MACHINES: We sell Victor Victrolas, \$15, \$25, \$40, and on up. Records, needles, etc.

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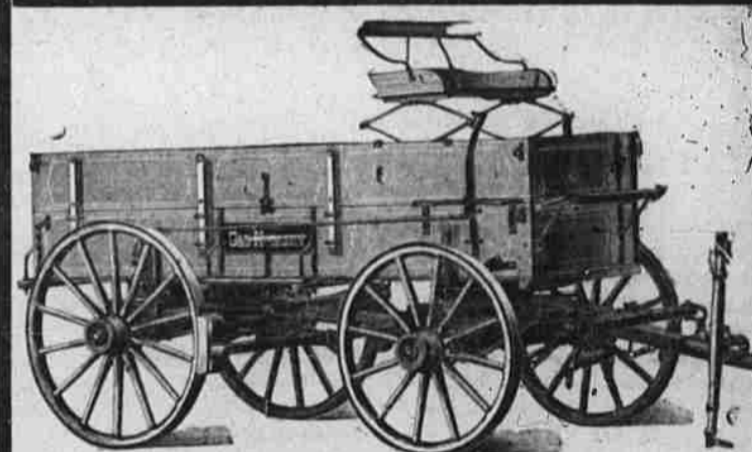
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